



LAST
DOOR



RECOVERY SOCIETY
ANNUAL
REPORT 2007



President's Report – Ron Cross

Welcome to the Last Door Recovery Society Annual General Meeting for 2007. Your support and interest is appreciated.

Directors - There were some changes to the Board of Directors this year. Aman Sangherea and Gary George replaced Linda Lane and Don Leyes who both resigned this year. At this time we have a complete roster of Directors who have indicated their respective desire to continue overseeing the Society's interests.

BOARD OF DIRECTORS	
April 2007	
Ron Cross	PRESIDENT
Haneef Esmail	VICE-PRESIDENT
Myken Beka	SECTY/TREASURER
Anders Kvarnstrom	DIRECTOR AT LARGE
Dr. Jim Grant D.C.	DIRECTOR AT LARGE
Scott Lang	DIRECTOR AT LARGE
Gordon Truscott	DIRECTOR AT LARGE
Akram Ftaya	DIRECTOR AT LARGE
Lawrence Reimer	DIRECTOR AT LARGE
Todd Ware	DIRECTOR AT LARGE
Gary George	DIRECTOR AT LARGE
Aman Sanghera	DIRECTOR AT LARGE

Meetings - The Board has maintained a monthly meeting schedule with a few extracurricular meetings required to address property acquisitions.

MEETING SCHEDULE 2007		
January 23rd, 2007	7:00 PM	Regular
February 27th, 2007	7:00 PM	Regular
March 20th, 2007	7:00 PM	Regular
April 24th, 2007	7:00 PM	Regular
May 12th, 2007	7:00 PM	AGM
June 26th, 2007	7:00 PM	Regular
July 24th, 2007	7:00 PM	Regular
August 21st, 2007	7:00 PM	Regular
September 25th, 2007	7:00 PM	Regular
October 23rd, 2007	7:00 PM	Regular
November 20th, 2007	7:00 PM	Regular
December 2007		
To be Announced	TBA	Xmas Dinner

Location: Regular meetings are held @ 323 &/or 327 -8th Street, New Westminster, location of AGM and Xmas dinner will be announced.

Society Membership- Anyone with questions regarding membership is asked to talk with Myken or Louise at louise@lastdoor.org

Annual Reports – 2006 Annual Report is pending; check our website in the coming month to see it.

Financial Review – Financial Review completed and available upon request.

Budget - Our 2007 budget is also included in this package. Again, take a moment to review this material; the floor will be open for questions and vote later in the agenda.

Goals - Updates of 2006 Goals (*taken from 2005 Annual Report*)

2006 GOALS REVIEWED

Maintain and make improvements to our Family Programming –

- Our family programming now includes two fully furnished and nicely appointed suites where clients' families can stay while visiting their family member in treatment.
- We have been able to house, in Door #3, a young family who would have otherwise been homeless while the Father completed treatment
- The Parents, Women's and Couples groups are all going strong and members of each group have given strongly positive feedback as reported in our Annual Report.
- We have been able to offer housing to alumni facing crisis situations allowing them to get their feet back under them and return home.

Reduce debt load –

- We accessed a SCPI Grant in the amount of \$198,293 to pay off the 2nd Mortgage @ Next Door (327-8th Street)

Seek methods for increasing ethnic diversity of client group –

- We are training Chinese and individuals as potential client support workers.

Explore the advantages of a Foundation –

- This retained as a primary goal for 2007.

Increase staff component and training –

- Last Door Recovery Centre has taken on 4 new staff members and Last Door Youth Program has taken on two new staff, all drawn from the adult program alumnus ranks.
- A plan is in place to have in-house staff training by Bonnie Gallagher, MSW and former teacher at Rhodes College.

Improve the website as a marketing tool –

- This goal has taken a back seat as we have sustained full use of capacity throughout the year at all programs.

Complete Last Door video –

- This project is still in the works.

2007 GOALS	
1.	Further reduce debt load
2.	Explore possibility of Last Door – California
3.	Upgrade the Youth facility kitchen
4.	Improve communication with stakeholders
5.	Consider further expansion

Executive Director - David Pavlus

It has been a year of **TREMENDOUS** growth and change that has seen Last Door Recovery Centre grow from 20 bed program housed in one older building to a 50-60 bed program housed in three separate buildings. We now offer stabilization, treatment, transitional living and family quarters. Our quantity and variety of groups have changed; the staff component has increased dramatically and the scope of services is increasing and changing –residents attend school, work, volunteer in the community, have recovery road trips and adventures, reunite with loved one and experience that all important change of heart. Throughout this change, the heart and soul of the Last Door is strong and stable. It can't be said any better than the following sent to us anonymously from, we suppose, a former "Door Boy"....

A door boy remembers

To read, to write, to understand, to apply, to practice, to teach....*the twelve steps.*

A door boy remembers... the highest spiritual experience. A passport to freedom from addiction, self-centeredness, and many character defects resides in a simple ability to....*take care of the guy next to you.*

A door boy remembers....addiction, as the subtly destructive obsessions and behaviors that lead to relapse and therein....*addiction, is addiction, is addiction.*

A door boy remembers ...the marvel, the membership, the moments, the meaning, the message....the meetings. A door boy remembers....to get involved, to have a voice, have an opinion, apply spiritual principles, do recovery and help....*change the earth.*

A door boy remembers*"wanting to" rather than "having to" as an illustrative understanding of the term "inspiration."*

A door boy remembers...Danny, and a place he can also call....*Home.*

A door boy rememberswhen to stand back, take a breath, apply patience & humility and...*give it a day.* A door boy remembers....how to turn a negative into ...*a positive.*

A door boy remembers...David, his words, his phrases, the purpose, the humour, the Love....*THE TEACHER.* A door boy remembers

Louise.... her sharing, her experience, her dedication, the service work, the humour, the love...*THE COMMITMENT.*

A door boy remembers....the beauty, the majesty, the camaraderie, the fellowship & celebration of....*Door Events.*

A door boy remembers...principles before all things. A door boy remembers...recovery, in the knowledge of perspective and contribution. Given this understanding,, on a journey in this life, I will*build it up.....or tear it down.*

A door boy remembers...the power of influence, the reason, the responsibility & to honour those not just of our fellowship but of our own *community...our neighbors.*

A door boy remembers...with great sadness, compassion, understanding & awareness...*a letter from a dead man.*

A door boy remembers...by doing the work, a new awareness of his own abilities, gifts and attributes is gained through...*earned solutions.*

A door boy remembers...empathy, compassion, generosity & love as foremost in a journey that will honour greatness.....*his greatest understandings.*

A door boy remembers...the adversity & challenges that recovery will sometimes hold. Step back and remember ...*life is what you make it.*

A door boy remembers...that respect from others is directly proportionate to his own understanding; dedication and commitment to a life based on...*Integrity.*

A door boy remembers...his higher power and the spiritual experience. Group, family visits, amends letters. Father's Day, Mothers Day, Christmas, Easter.....the energy, love & home that will *remain his home...Last Door.*

A door boy remembers...and wipes back the tears. A door boy remembers.....A door boy remembersA door boy remembers

.....A door boy remembers..... A door boy remembers...A door boy remembers..... A door boy remembers...A door boy remembers.....A door boy remembers...A door boy

Last Door Youth Program –Peter Beka

Beautiful – the only way to describe the Youth Door. The youth are strong, responsible, fearless and confident in their recovery. They speak freely and openly of loving one another and feeling loved. We urge you to witness them in action by visiting the program – they LOVE visitors and are unabashed in exploring who you are and welcoming you to know them.; or see them at a meeting – they shine as examples of recovery. Those who relapse are coming back faster because they miss the community.

On a business note – the house is full, thanks in part to a Fraser Health Youth Subsidy program that provides funding for youth treatment on a case by case basis. We never lack for private referrals. Our ten year struggle to make the Youth Program self sufficient has paid off.

Two factors this year have been significant –

- Parents' participation in the Family Group has increased. The Parent's Group has formed into a Last Door style peer support group. The parents joining together to in celebrate the successes and challenges of each other's children. Again – beautiful is the only word to describe this. The beneficiaries are the boyz, their families and all of us.
- The other factor is access to Next Door Transitional Living for the youth. These unties allow us to extend the transition phase for youth which lets them experience a sense of independence while still in a secure setting. It has been especially beneficial for those who have little or no parental support . There has been additional work for the staff who dedicate a lot of aftercare hours teaching them to shop for groceries, get up for work and get along without 24/7 supervision.

WE NEED MORE SPACE!

Treasurer Report – Myken Beka

Financial – SCPI Grant in the amount of \$298,293 cleared up 2nd Mortgage at Next Door. As of Dec 06 we had the OK but the paperwork was not finalized until April 2007. Still – nice to be done with that. SCIPi has another round of grants coming in 2007-08. We will stay apprised of the process. We are in sound financial position.

Gaming - Certificate of affiliation with Boardwalk Gaming is up October 2008. This is where a significant amount o funding for the Family Program comes from. We need to look for corporate sponsorship for this portion of our services.

Donors – See the Mini Newsletter from 2006. **THANK YOU ALL!**

Annual Financial Review - HKM & Partners is our accounting firm as in previous years. The Financial Review was conducted, reviewed and approved by the Board and at our AGM.

Budget 2007 Budget as prepared by our Administrator Louise Cooksey was approved at the AGM. In May 2007.

Special Resolution –A Special Resolution was passed at the AGM approving the establishment of a Line of Credit through our main Bank Van City Savings Credit Union.

Administrator Report – Louise Cooksey

Volunteers - A truly significant donation of time and services comes from our volunteers – those who work tirelessly on the Door Slam and Alumni Day Committees and who dedicate time and energy to our cause – the sponsors, the shift volunteers and the families of the staff who offer endless support to all of us –

Direct Donation - The Direct Donor deposit system is still in effect if anyone is interested please contact Louise Cooksey @ 604-516-0064. We accept credit card donations. There are donation boxes located throughout the room and more can be found at the Dinner/Dance – please feel free to use them. Tax receipts are issued annually but can be issued on demand if needed.

Committees – Door Slam – August 20- September 2, 2007. Contact Linda or Jessica if you want to be on the committee and to find the next meeting date and location. Please supply your current email as well.

Alumni Day – Becoming an Annual Spring Event ...contact Michael Pesut or Blair may at the Big Door for s committee details.

Contracts – FHA (Fraser Health) 20 bed Stabilization & Transitional Living Residence contract renewed April 01, 2006 and is expected to be renewed in 2007. An increase in the per diem to \$51 from \$40 retroactive to April 1, 2006 was announced in July 06. Last Door Youth Program still has a one bed per/yr contract with Fraser Health but has been able to fill beds via the Youth Treatment Subsidy Project FHA is currently operating. These contracts require lot of administrative time but carry benefits like being part of the provincial addiction systems of care, access to training and information sessions as well as recognition and acceptance in the field. At this time Last Door has no interest in pursuing a FHA contract for our transitional living services – it would be like selling services to the lowest bidder.

Staff - Staff continue their high level of performance. Peter taking the Satire Family Training, Jessica sat for her oral ICADC certification yesterday. Junior staff are all attending the VCC substance abuse certificate program and a variety of clinical workshops have been slotted for the coming year. Training is essential to the continuing quality of service we provide.

Main Events

VanCity Video – Louise and Adrian Carlson were in a video highlighting Van City Savings shared growth funds and its contribution to Last Door Recovery Society. The Print version of this can be seen on the Vancity website “shared growth stories” We also have our own copies of the video which was posted on the Vancity website for a few months.

Alumni Day – NOW! This is an Annual Spring Event ...contact Michael Pesut or Blair may at the Big Door for s committee details.

Door Slam – August 30-September 2, 2007. Contact Linda Lane or Jessica Cooksey for details.

Thai Delegation – As the result of a by the Thai Embassy in Vancouver a delegation of dignitaries came to Last Door to view our program. Attendees came from all corners of the globe - Thailand, New York, Washington DC. And a Cathay Pacific pilot from Japan. They interviewed staff for the purpose of exploring means to deal with drug problems in Thailand. We were honored by this visit.

Door #3 – Last Door leased the entire premises at 331-8th Street and dubbed it Door #3. Lease date was Jan 30,2006 and is a five year lease with first right of refusal attached. The premises are successfully integrated into our programming.

Alumni Groups – Youth and Alumni groups are now held on Wednesday evenings and have experienced overwhelming response from alumnus. Evaluation surveys are very positive in terms of enhancing and solidifying alumnus recovery.